

Keep your GTA home clean between professional visits

Daily and weekly habits checklist

Kitchen: wipe counter after every use

30 seconds. Prevents dried food buildup.

Kitchen: run dishwasher before bed

Wake up to a clean kitchen.

Kitchen: wipe stovetop after cooking

While still slightly warm, grease comes off faster.

Bathroom: wipe sink and faucet daily

10 seconds with a damp cloth.

Bathroom: squeegee shower after use

Prevents soap scum and hard water deposits.

All rooms: clear flat surfaces daily

Two minutes. Biggest visual impact.

Put items back immediately after use

The single best habit for clutter control.

Vacuum high-traffic areas twice a week

Entry, kitchen floor, living room, hallways.

One load of laundry start to finish

Including folding or hanging.

Empty bins before they overflow

Not after.

Need a professional clean? Mrs. CleanMol serves the GTA. Free quotes at mrscleanmol.ca