

Stay tidy with kids without the stress

Family cleaning habits

15-minute family tidy before bed (every day)

Everyone does their zone. Floor clear, dishes done, sink wipe.

Kitchen: wipe counter and stove after every meal

Run dishwasher at night, empty in morning.

Kids age 2-4: toys in bin, laundry in hamper

Bins not shelves. Keep it achievable.

Kids age 5-8: make bed, wipe their spot at table

Imperfect is fine. Consistency matters.

Kids age 9-12: vacuum their room, empty dishwasher

Assign specific zones, not vague tasks.

Bathroom: sink wipe daily, squeegee after shower

Two habits that prevent most visible buildup.

Living room: floor clear + cushion fluff before bed

Two minutes. Big visual impact.

Consider bi-weekly professional cleaning

Handles deep tasks so daily habits are maintenance only.

Need a professional clean? Mrs. CleanMol serves the GTA. Free quotes at mrscleanmol.ca